

Stargazers Metaphysical Qualities of Stones

Agate

Generally grounding and stabilizing of physical energies. Strengthening the aura. Gentle, consistent healing. (*)
Blue Lace Agate: Soothes emotions, pain. Peaceful, relaxing energy. Works with throat chakra. Helpful in public speaking. (5th)
Moss Agate: Emotional balancer, strengthens self-esteem, prosperity power stone!

Amazonite

Soothing to nervous system. Helps perfect personal expression, enhances creativity. (5th)

Amber

Connector; polarizes and harmonizes past/present/future, up/down, yin/yang, etc. Helps find humor and joy. (2nd)

Amethyst

Increases spirituality, enlightenment. Lifts depression. Aids dropping unwanted habits, addictive behaviors. Heals on all levels. (7th)

Ametrine

Reframing stone. Disperses negativity of all kinds and replaces it with light energy. Stone of the Interconnectedness of All! (3rd, 7th)

Angelite

Stone for raising conscious awareness. Assists angelic connection and communication. Balancing and protective. (5th)

Apache Tear Obsidian

Helps find forgiveness & understanding in distressing situations. (1st)

Apatite

Dissolves negativity, mental confusion, and overwhelm. Stimulates clairaudience, clairvoyance, clairsentience. (5th, 6th)

Apophyllite

Stimulates intuition, clears perceptions. Helps loving connection of body and spirit. (7th)

Aquamarine

Increases communication effectiveness. Connects love and wisdom, creating compassion. Calms emotions and fears, imparting strength and control. Releases stress. (5th)

Aragonite

Provides the ease of centering oneself especially in times of stress or when preparing for meditation or healing. (1st, 7th)

Aventurine

Increases independence. Relaxes and expands the heart center. Calms heated emotions. Assists in career changes. Increases prosperity consciousness and ability to love. (4th)

Azurite

Stimulates psychic abilities. Amplifies healing and meditation experiences. Opens third eye. Cuts through illusion, enhances communication. (6th)

Barite

Third Eye activation, meditation, clears perception, aligns one to one's highest purpose. (6th)

Bloodstone

Physical cleansing. Purifies blood. Brings harmony and self-confidence. Aids decision-making. (1st)

Boji Stone

Adds sense of joy. Balances energy, draws out pain. (2nd)

Calcite

The Solution Stone - helps the mind perceive alternative choices, possibilities and solutions which might otherwise elude you. A stone of joy in all of its colors and forms, which is symbolic of the many forms joy can take. (*)

Carnelian

Stimulating. Helps ground and focus thoughts. Aids self-control, releases sorrow, envy, fear, anger. Welcomes joy. (2nd)

Celestite

Helps in personal expression, clear communication. Highly spiritual. Divine Mother nurturing energy. (5th)

Chalcedony

Activates subtle energies. Heart stone, assisting in honest expression of emotional needs. Alleviates regret. (2nd)

Charoite

Accelerates spiritual growth, enhances self-esteem and ability to love. Reduces fear. (1st, 7th)

Chrysocolla

Brings peace and harmony to mind and heart. Feminine energy and creativity. Aids spiritual expression. (4th, 5th, 6th)

Chrysoprase

Enhances insight, awakens hidden talents. Helps mental serenity, imagination. (4th)

Citrine

Mental stimulant, opens conscious mind to intuition. Promotes mental clarity, positive outlook. Enhances creativity. (3rd)

Danburite

Shaman stone. Stimulates the intellect, enhances psychic abilities, self-confidence. (6th, 7th)

Diopase

The Power of Now Stone! Enriches one's life - one's conscious and cellular awareness and experience. The stone of great wealth and riches.

Emerald

Deva stone. Brings in healing emerald light, promotes divine qualities. Stone of abundance, good fortune, strength. (4th)

Eudialyte

Opening, healing and following the heart, self-love. Brings what we most do and what we dream of doing into harmony.

Fluorite

Travel stone. Transmutes negativity, removes energy blocks. Increases concentration and memory, helps to see truth behind illusion. (*)

Ice Blue Fluorite: Gently, coolly assists in moving past fear and deep anger into clear choice and action. Brings thinking into alignment with higher purpose. Excellent for open-eye meditation. Creates strong protective field. (6th)

Fossils

Aids in past-life exploration and protection from inharmonious energies. (**)

Fuchsite

"Stone of Practicality" clarifies issues of basic foundations of one's life, e.g. money, love, career, talents, health. With Ruby it is energizing and grounding.

Garnet

Grounding, vitalizing, keeps energy flowing, increases health. (1st, 4th)

Hematite

Power stone. Very grounding and balancing. Calms mind and emotions, giving a firm focus on the here and now. Promotes common sense. (1st)

Herkimer Diamond

Vision and Dream stone. Powerful for healing, keeps etheric field clear. Aids physical body's release of toxins. Aids in dream recall, stimulates psychic abilities. (**)

Jade

Balancing, soothing, cleansing energy. Aids in courage, justice, and wisdom. (4th)

Jasper

Energizes lower chakras. A good, slow-and-steady healing stone. Protects against negativity. (*)

Fancy: Grounds mental energies. Animal Totem Communication.
Mook (or Mookaite): Personal power, rejuvenation, genetic healing and deep calm.

Ocean: Brightens one's outlook, positive, joy-filled, uplifting energy.

Picture: Stone of global awareness

Polychrome: Divine feminine, evolving, unfolding energy.

Poppy: Messenger or Herald Stone - shamanic counsel.

Red: All choice is singularly one's responsibility.

Yellow: Gentle but insistent grounding and earth connection.

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Jet

Helps reduce migraines. Eases illness, violence, deep depression. Protects finances. (1st)

Kunzite

Opens the heart, balancing compassion, peace and freedom from fear. Removes blocks to loving self and others. (4th)

Kyanite

Assists in understanding dreams, promoting clarity. Enhances creativity, reduces energy blocks. Past Lives Recall. (6th)

Labradorite

Brings recognition of one's destiny. Protective, insightful. Meditation. Assists one in waking up happy. (6th, 7th)

Lapis Lazuli

Stone of royalty. Aids inner sight, enhancing clarity, directedness, psychic development and spiritual growth. Calms mental static. (6th)

Larimar

Builds confidence and serenity, reduces depression. (5th)

Lepidolite

Baby stone. Natural lithium, soothing and calming. Mood normalizer, promotes self-love. (4th)

Lodestone (Magnetite)

Strengthens auric field, increases personal power by fully grounding you! Promotes stability, balance, and healing on all levels. (1st)

Malachite

Purging stone. Strong healer, assisting spiritual growth and healing on all levels. Promotes prosperity. (4th)

Manganocalcite

"The Adorable Stone" - heightens positive reactions and diminishes negative ones. Releases fears and guilt that trap heart in the past (e.g. anxiety and stress) and opens heart to self-love. (4th)

Moldavite

Catalyst for life changes. Assists in channeling inter-dimensional sources. Accelerates awareness. (6th, 7th)

Moonstone

Brings harmony. Deals with inner planes, soul connections. Reflective, clear-seeing, soothing. Enhances clairvoyance, opening to Goddess energy. Relieves frustration. (4th, 6th)

Nuummite

A shaman stone, enhances psychic abilities, facilitates soul's journey of self-mastery. Meditation. Very good luck! (1st, 3rd, 6th)

Obsidian

Wizard's stone. Powerful protector, as only white light can exist within its field. Purges negativity. Helps detachment, enabling clear seeing. (1st)

Onyx

Relieves stress, grief. Strengthens self-control. (1st)

Opal

Assists in connecting with higher aspects of Self and in past-life recall. (7th)

Peacock Ore (Chalcopyrite)

Strong healing properties, assists in creating a new outlook on life. (**)

Peridot

Enhances personal growth, opening new doors. Alleviates stress, fear and guilt. (4th)

Petrified Wood

Assists in connection to Earth and Nature. Removes irritations. (1st)

Prehnite

Gives support for major life changes. Balances chakras, aids personal relationships. (3rd, 4th)

Pyrite

Very grounding. Aids self-esteem, self-appreciation. (1st)

Quartz

Focuses, amplifies, transmits, transforms, balances energy. Heals and expands on all levels. (**)

Lemurian: Connection with the Divine Feminine. Unification with soul's path. Access to wisdom of Ancient Lemuria.

Note: Numbers immediately following each description indicate the chakra or chakras which correspond to the energy of the stone.

* Indicates that the stone described appears in various colors, and chakra application depends upon the coloration of the stone.

** Indicates that the stone described may be used with any chakra.

Quartz (con't) Starseed (Diamantina): Seeded here by our Star brothers and sisters! Powerful healing energy - brings peace to mind, heart, soul, and body. World and planetary peace!!

Rhodocrosite

Clears away hurts from the past, allowing freer flow of energy in the present. Assists in finding new love. Eases trauma, teaching love of life, tenderness and compassion. (2nd, 4th)

Rhodonite

Assists in achieving the highest potential. Raises feelings of self-worth. Adds to stability, eases anxiety. (4th)

Rose Quartz

Stone of love. Lifts depression, creating feelings of peacefulness. (4th)

Ruby

Protects a sensitive nature. Energizing. Introduces new life force. (1st)

Rutilated Quartz

Stone of connection and telepathy. Enhances energy of other stones. (6th)

Sapphire

Highly evolved spiritual stone. Strengthens loyalty, ability to pursue goals. (6th, 7th)

Selenite

Aids in decision-making, clarity, flexibility. Increases common sense, relieves stagnation. Psychic vacuum cleaner. (3rd, 7th)

Seraphinite

Helps contact Angels. Cleanses aura and chakras. Carries the energy of cooperation. (4th, 7th)

Shiva Lingam

Kundalini Activation! Vitality and prana. Oneness with the All. Spiritual enlightenment and rebirth! (*)

Smoky Quartz

Grounding energy, helping bring dreams into manifestation on the physical plane. Relieves depression, tension. (1st)

Stilbite

Normalizes hormones - decreases hot flashes!! Carries a powerful loving energy. (4th)

Sugilite

Powerful healing stone. Opens connection between mind and body. Aids awareness of own Divine essence. Protects your energy field. (6th)

Sunstone

Helps hold conscious connection with the Light during daily activities. Eases fearfulness. (3rd)

Tiger Eye

Aids in courage and clear seeing. Psychic protector. Aids business activities. (*)

Topaz

Assists in channeling Spirit. Enhances creativity and understanding. (*)

Tourmaline

"Rainbow Bridge" from current to desired situation maintaining one's balance point. Relieves fatigue. Increases success and love. (*)

Bicolor or Watermelon: Helps release emotional pain, replacing it with love. Strong heart-healing stone. (*)

Black: Repels and protects against negativity. Increases vitality, positive outlook, emotional stability, and mental acuity. (*)

Green: Deep nurturing, dispelling fear and calming nerves. (4th)

Pink: Heart stone, healing a broken heart. Strengthens wisdom, will power, and creativity. (4th)

Turquoise

Spiritual stone, aiding mental clarity. Assists in friendships. Mental relaxant. Protection. (5th)

Unakite

Heart stone, strengthens sense of personal power. Supports relationships. (4th)

Zoisite with Ruby

Stone of individuality and joy. Detoxifies and energizes. (1st, 7th)

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